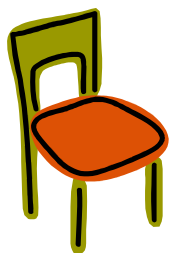


PLYMOUTH RAMBLERS NEWSLETTER & WALKS LIST

July – Oct 2013



STOP PRESS!

We urgently need a new **Chair**. It's not too onerous, just some meetings to attend. Talk to Janet to find out what's involved.

We also need a new **Social Secretary**. The job is flexible, and involves co-ordinating things like the annual dinner and Arts Centre films. Talk to Ann and find out how easy it is.

DATES FOR YOUR DIARY

- 22 June **Midsummer BBQ** from 6.00 pm on Saturday June 22nd at Clearbrook Village Hall. Please bring a plate to share (salad or pudding) as well as your own BBQ meat, or desired choice of food. Also BYO drinks plus glass. This will be the last BBQ at Clearbrook. Dependent on weather, there might be an impromptu walk. A donation of £1 towards Hall rental please.
- 22 Aug **Last Supper** (see below)
- 28 Oct **AGM** (followed by social supper): Monday 28th October, Derriford Church Hall at 7.30 pm. Titled motions, with proposer and seconder, should be sent to the secretary, Val Galer, by 1st October 2013.

LAST SUPPER

The meal is booked at the Fox Tor Cafe again this year, on Thursday 22nd August. Cost is £6.50. Book early as tickets sell like toasted teacakes.

Ivan Mead will do a walk with history and commentary. Raffle in aid of Devon Air Ambulance. Prize donations welcomed.

Contact Dot Birch 01752 667566 or Justdot.birch0@gmail.com



YHA SWANAGE

Fri 1st to Mon 5th November

Contacts are Tricia Mitchell, 7 Willow Walk, Glenholt Park, Plymouth or tel. 01752 794268 and Penny Iles, tel. 01752 335152 or penny-iles@hotmail.co.uk.

A deposit of £20 is needed, payable to T Mitchell. Balance of £45 payable by 6th September. Please include your name, address and phone number with the cheque.

2013 NEW YEAR'S WEEKEND AT BOSWINGER YHA

We will celebrate New Year with a long weekend at the Boswinger YHA on the Mevagissey peninsula from 28th Dec to 1st Jan (departing New Year's Day before 11:00).

Based on a group of 24 people staying in shared-accommodation in the hostel, the cost of the 4-day weekend will be £90/person. Sunday dinner will be an added cost as we will eat in a local pub. Other meals will be communally prepared.



BOOK NOW OR WE WILL HAVE TO CANCEL!

To reserve your place, please send £25 deposit per person to Larry:

LW Douglass
5 Cornerstone Court
Rowe Street
Torpoint PL11 2LA

Tel 01752 815201 (Please phone if you have any queries)

CHANGES TO WALK DETAILS

If you have to change the details of a walk that is already on the programme, please send an email to Joy (joytopping@yahoo.co.uk), which can be circulated to members. She will also arrange for the amendment to appear on the website programme.

CAR SHARE

Petrol is going up! Please bear this in mind when calculating car share expenses, and make sure that all reasonable costs are shared equally between all occupants.

BADGES



Last few Plymouth Rambler Group cloth badges are available from Ann Priestley at the cost price of £2.75. Contact annmpriestley@gmail.com or 01752 788355. Alternatively contact any committee member who will arrange to obtain one for you.

ALTERNATIVE WALKS

We have started to organise some additional walks on Wednesday for Ramblers who want to go further and faster! Steve has volunteered to act as co-ordinator for these, and also for any other walks that don't fit the normal pattern, such as two-day walks, or walks on different days from usual.

NEW WALKERS

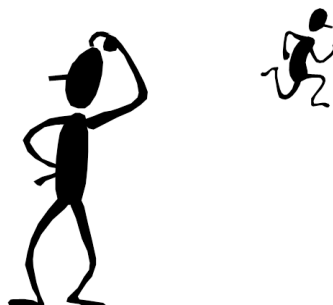
New walkers are welcome to try a walk or two with the group before deciding whether they would like to join the Ramblers. If you are new to rambling then please try one of our easy or leisurely walks. You will need sturdy footwear, waterproof gear, and something to eat and drink.

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. Although the safety of members is paramount, accidents will occasionally occur. It is important, therefore, that everyone recognises their own responsibility to minimise the potential for an accident to arise.

DON'T LOSE A RAMBLER!

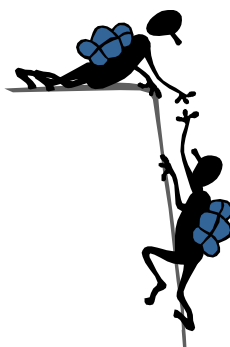
We have a proud record of never having lost anyone on a walk (well not for long), so let's keep it that way.

Walkers - don't walk ahead of the leader (unless they've said you can). Otherwise it's hard for them to keep track of everyone.



Leaders - if you let people go ahead, make sure they know where to stop and wait for the group.

Walkers - watch out for people around you. Alert the leader if someone falls behind.



FREE OS MAPS ONLINE

Have you explored the Ordnance Survey website? It offers loads of useful features, including a grid reference finder. Here's how to get started:

Go to <http://www.getamap.ordnancesurveyleisure.co.uk/> and either sign up, or visit as a guest.

At the top left of the screen, type in a placename, postcode or grid ref, then click *Locate*.

You will see a road map (labelled *ZoomMap*) but you can also click on *Aerial* or *Leisure*. The *Leisure* map is best for walking.

There are controls at the left of the map to move around or zoom in and out. You can also move around by holding the button down while moving the mouse.

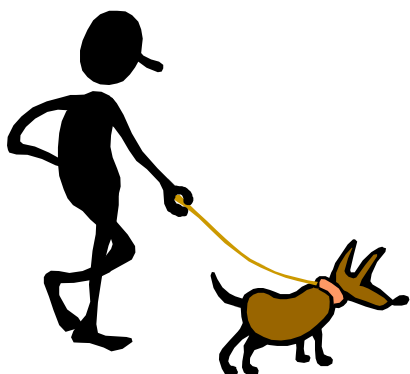
As you move around the map, there is always a small red circle in the centre. The grid ref for this centre point is shown in the box at top left (just below where it says *Leisure*).

If you sign up (which is free) you will also be able to use the Tools to draw your own route, check its length and elevation, and save it to your own folder.



WALKING WITH YOUR DOG

Well-behaved dogs are normally welcome on our walks, unless the walk description says otherwise, and registered assistance dogs are always permitted. However, if you bring your dog, please make sure it is under control, and put it on a lead whenever the leader asks. Plymouth Ramblers wish their members and visitors to comply with all aspects of the following guidelines extracted from the Dartmoor National Park Website, www.dartmoor-npa.gov.uk/vi-walkingwithdog:



The countryside is a working landscape, and your actions can affect livelihoods, our heritage, and the safety and welfare of people and animals. If you take your dog into the countryside, it is important to keep it under proper control and to clean up after it. By law, you must control your dog so that it does not scare, worry or disturb farm animals or wildlife such as ground nesting birds (whose young will soon die without protection from their parents). On most areas of open country and common land, you should keep your dog on a short lead between 1 March and 31 July - and all year round near farm animals.

PLYMOUTH RAMBLERS COMMITTEE

Chair	Janet Coleman	01752 263559	jecoleman73@gmail.com
Secretary	Val Galer	01752 700901	valgaler@googlemail.com
Treasurer	Beryl Smith	01752 779502	b.smith811@btinternet.com
Walks Secretary	Sarah North	01752 316488	sarahnorth000@gmail.com
Minutes Secretary	Sue Allen	01752 492190	tom_sue_allen@yahoo.co.uk
Social Secretary	Ann Priestley	01752 788355	annmpriestley@gmail.com
Footpath Officer	Jane Kiely	01822 834964	janekielyintamarvalley@uwclub.net
Membership Secretary	Joy Topping	07801 496359	joytopping@yahoo.co.uk
Website	Mike Birch	01752 667566	wiganddot@gmail.com
Countryside Officer	Jane Kiely	01822 834964	janekielyintamarvalley@uwclub.net

WALK PROGRAMME COORDINATORS

Sat Monthly Walks	Jane Kiely	01822 834964	janekielyintamarvalley@uwclub.net
Sun Longer Walks	Janet Coleman	01752 263559	jecoleman73@gmail.com
Sun Shorter Walks	Val Galer	01752 700901	valgaler@googlemail.com
Weds Longer Walks	Diana & Patrick McCann	01752 665691	patmccann1@btinternet.com
Weds Shorter Walks	Viv White	01752 500700	vivienne.white@blueyonder.co.uk
Thurs Evening Walks	Dot Birch	01752 667566	Justdot.birch0@gmail.com
Alternative Walks	Steve Whitney	01752 402204	plot8smw@gmail.com



Expert boot fitting with over 20 years of experience.
Huge range of equipment for all weather, friendly,
professional advice. Paramo Premier Stockist,

One of the largest ranges of walking footwear in the
west country.

10% Discount for Ramblers Members and
Seasonal Offers with greater discounts in store.

23 West Street - Tavistock - PL19 8AN
01822 613089 - info@kountrykit.com - www.kountrykit.com

WALKS LIST

Time/Date	Walk	Start point	Car share	Grade	Description	Contact
9:45am Wed July 3rd 2013	<u>Two Day Coastal Walk</u> 15 miles	Torcross SX 823 420	N/A	M	Catch 07:30 bus from Plymouth Bus Station, arriving Torcross 09:33. Easy paced walks to enjoy coastal scenery. Ferry from East Portlemouth to Salcombe. Overnight stop at Overbecks YH. (£12 + £5 for breakfast)	Martin H 01752 842728
6:30pm Thu July 4th 2013	<u>Lesser- Known Parts of Devonport</u> 4 miles	Stonehouse Creek CP SX 461 545	N/A	L	Richmond Walk, Scott Memorial, North Corner & Devonport Park.	Ron S 01752 674230 Sarah N 01752 316488
6:30pm Thu July 4th 2013	<u>Walk on the Breakwater (second attempt)</u> 2 miles	Royal William Yard (£1/3 hrs) SX 460 536	N/A	L	This walk is open ONLY to ticketholders, and will run only if the original walk is cancelled. Meet at RWY basin for boat to the breakwater, boarding at 18.30, with an hour or so to stroll along and back. Return to RWY for 9 p.m.	Ron S 01752 674230
10am Sun July 7th 2013	<u>Three Rivers, a Leat and a Tor</u> 11 miles	Princetown CP (fee) SX 589 735	09:15 Towerfield Drive	M	Along the rivers Strane, Swincombe, West Dart and Devonport Leat. Maybe Blackey Tor too. Will be wet underfoot. Moorland and tracks. Fox Tor Cafe for tea afterwards.	Joy T & Di M 07801 496359
10:30am Sun July 7th 2013	<u>Linking of North Moor Places</u> 8 miles	High Down CP (along lane by Dartmoor Inn) SX 525 853	09:30 Towerfield Drive	M	Using mostly tracks to see some views. Possibly two climbs - definitely one!	Ann P 01752 788355
8:45am Wed July 10th 2013	<u>A-T Medieval Packhorse Route</u> 18 miles	Holne Quarry CP SX 697 699	07:20 Towerfield Drive	S	A moorland walk following the Ashburton to Tavistock packhorse trail, guided in places by 17th century marker stones. Minibus pick up 08:00 at Pixon Lane CP, Tavistock ONLY for those already booked; others please meet 08:45 at Holne Quarry CP.	Martyn W 01364 643728 Jean H 01752 862597
10:30am Wed July 10th 2013	<u>Modbury with History!</u> 7.5 miles	Modbury CP (fee) SX 658 515	09:45 Haye Road Elburton	M	A steep climb up from Modbury, then through fields, quiet lanes and woodland. East Leigh, Brownston and Shilston Barton. Interesting and a bit different.	Val G 01752 700901
6:30pm Thu July 11th 2013	<u>Bere Ferrers amble</u> 4 miles	<u>Bere Ferrers</u> SX 460 635	N/A	E	Meet at the shore, <u>Bere Ferrers</u> for a walk around the parish before returning to the Old Plough Inn for an optional drink or meal.	Jane K 01822 834964
10:30am Sat July 13th 2013	<u>Kit Hill Views</u> 4 miles	Bowling Green, Engine House. SX 365 706	09:45 B&Q Marsh Mills	M	Perambulation of Kit Hill with optional lunch at the Engine House. The start point is off the A390 (Florence Rd).	Jane K 01822 834964
10am Sun July 14th 2013	<u>Okehampton Hamlets</u> 7 miles	Meldon Reservoir CP SX 562 917	09:00 Towerfield Drive	M	Dartmoor Way, Okehampton Camp and edge of the moor. One steep climb but a good lunch spot at the top!	Janet C 01752 263559
10am Sun July 14th 2013	<u>Stepping out at Laughter Hole</u> 12 miles	Postbridge CP SX 647 788	09:00 Towerfield Drive	M	Moorland tracks and paths to Warren House Inn, Soussons Farm, Ridden Ridge, Laughter and Bellever Tors. NB: river crossing by the stepping stones at Laughter Hole.	Ken N 01752 787223
10am Wed July 17th 2013	<u>Plymbridge Woods</u> 6 miles	Towerfield Drive SX 504 616	N/A	L	Stroll through Plymbridge Woods. Tramway, river and Bickleigh.	Philip A 01752 701811
10am Wed July 17th 2013	<u>Beesands Coastal Walk</u> 11 miles	Beesands CP (south) SX 819 405	08:45 Haye Road Elburton	M	Yet another chance to do this popular coastal and countryside walk. Coast Path through Start Point to Prawle Beach, then inland via paths and quiet lanes back to the coast.	Val G 01752 700901

Time/Date	Walk	Start point	Car share	Grade	Description	Contact
7pm Thu July 18th 2013	<u>Peace at Cotehele Quay</u> 4 miles	Cotehele Quay SX 424 681	N/A	M	A peaceful evening walk on Cotehele's paths. Optional drink afterwards at the Who'd Have Thought It pub, St Dominic	Jane K 01822 834964
10am Sat July 20th 2013	<u>Sharpitor</u> 4 miles	Sharpitor SX 557 707	09:30 Towerfield Drive	L	Edge of Moor to Ingra Tor, Eggworthy, optional lunch at Burrator Inn, Dousland	Tricia M 01752 794268
10am Sun July 21st 2013	<u>Bigbury Sands</u> 7 miles	Ringmore NT CP SX 649 456	09:15 Haye Road Elburton	M	Ringmore to Bigbury, down the Avon to Cockleridge and across the sands (tide permitting) to Bigbury beach. Back via Challaborough and Ayrmer Cove. Plenty of ups and downs.	Sarah N 01752 316488
10am Sun July 21st 2013	<u>Hexworthy Moorland Circuit</u> 11 miles	Hexworthy (by cattle grid on road to Sherberton Farm) SX 652 726	09:00 Towerfield Drive	M	Circular walk via Swincombe, Whiteworks, Nun's Cross, Crazy Well, Cramber Tor, Royal Hill and Sherberton.	Martyn W 01364 643728
10am Wed July 24th 2013	<u>Moreton to Chagford - the roundabout way</u> 11 miles	Moretonhamps tead Court St CP (fee) SX 751 860	08:45 Towerfield Drive	M	Paths, lanes, riverside and woods, including Fingle Bridge. Afternoon tea in Moreton. Some climbs but lots of rests to admire the views.	Ann P 01752 788355
10am Sun July 28th 2013	<u>South Dartmoor High Bits</u> 10 miles	Venford Reservoir SX 685 712	09:00 Towerfield Drive	S	An all moorland walk with some steep climbs and tussocks, visiting Skir Hill, Riders Hill, Snowden and Pupers Hill. This will be a strenuous walk but taken at a comfortable pace.	Tom & Sue A 01752 492190
10:30am Sun July 28th 2013	<u>Bolt Head's Wartime Secrets</u> 7 miles	East Soar NT CP SX 713 375	09:30 Haye Road Elburton	M	From CP cross fields and farmland to coast at Bolberry Down. Coast path to Bolt Head. Then turn inland stopping at East Soar Farm for refreshments before returning to CP.	Val G 01752 700901
10:30am Wed July 31st 2013	<u>Meldon Quarry</u> 6.5 miles	Prewley Treatment Works SX 548 909	09:30 Towerfield Drive	L	Granite Way and Meldon Quarry area. Edge of moor. well defined tracks. Views on a nice day.	Tricia M 01752 794268
11am Wed July 31st 2013	<u>St Dennis/ Indian Queens</u> 10 miles	St Dennis Church CP SW 951 583	09:00 Tesco Transit Way	M	Goss Moor, Queens Pit, a view of China Clay workings. Footpaths and trails, parts could be muddy. 5-6 hours. Penhale Round after for those who want a meal or a drink.	Barry M 01841 540804
7pm Thu Aug 1st 2013	<u>Churchtown Nature Reserve</u> 3.5 miles	Saltash, outside Cecil Arms SX 415 583	N/A	L	To be led by Keith Rawlings, volunteer warden of Churchtown Farm Community Nature Reserve. Refresh afterwards at the Cecil Arms	Dot B 01752 667566
10:30am Sat Aug 3rd 2013	<u>Devon Great Consols</u> 4 miles	Tamar Trails Car Park SX 438 728	09:45 B&Q Marsh Mills	M	New adventurous path from car park and up to see improved Devon Great Consols site with lovely views, optional snack at new Beech Cafe on return	Jane K 01822 834964
10am Sun Aug 4th 2013	<u>Sourton area</u> 10 miles	Prewley Treatment Works SX 548 909	09:00 Towerfield Drive	M	Up and down a few tors then, hopefully, an optional tea in Sourton Village Hall.	Ann P 01752 788355
10:30am Sun Aug 4th 2013	<u>Haytor</u> 7 miles	Lower Haytor CP near Information Centre SX 765 771	09:30 Towerfield Drive	M	A rugged walk to Haytor Quarry, Smallacombe Rocks, Hound Tor's deserted village and a fistful of rocky tors with superb views of Dartmoor and beyond. Optional tea at Dandelion Café - Moorlands Hotel (HF)	Jane K 01822 834964

Time/Date	Walk	Start point	Car share	Grade	Description	Contact
10am Wed Aug 7th 2013	<u>A Journey on the High Moor</u> 12 miles	Meldon Reservoir CP SX 561 917	08:45 Towerfield Drive	S	A visit to the high moor. Yes Tor, High Willhays, Oke Tor, and back via Cullever Steps. A strenuous walk with a lot of climbs and descents	Steve W 01752 402204
7pm Thu Aug 8th 2013	<u>Yelverton Evening Shadows</u> 4 miles	Yelverton shops SX 521 678	N/A	E	An easy walk using the Yelverton/Tavistock cycle way, hoping for a lovely sunset with long evening shadows on the return. Option of a drink at the Devon Tors afterwards.	Jane K 01822 834964
9:40am Sun Aug 11th 2013	<u>Wembury Wander</u> 7 miles	Wembury Barton Close SX 527 494	09:20 Haye Road Elburton	L	Catch the 09.55 number 48 bus to Morrisons at Billacombe and walk back to Wembury via Radford and Langdon. Bring bus passes!	Norman B 01752 492853
10am Sun Aug 11th 2013	<u>Dittisham Tuckenhay Circuit</u> 11 miles	Dittisham CP (£2 fee) SX 865 550	08:45 Haye Road Elburton	S	River bank, fields and paths with several steep ups and downs, following part of the John Musgrave Heritage Trail.	Janet C 01752 263559
9:45am Wed Aug 14th 2013	<u>Yealm to Elburton</u> 7 miles	Haye Rd CP SX 532 536	N/A	L	No 93 bus at 10:06 from Elburton to Yealmbridge. Leisurely walk back to Elburton on Erme-Plym trail and lanes in Brixton. (Bus passes!)	Norman B 01752 492853
10am Wed Aug 14th 2013	<u>Perambulation of the North Moor Skyline</u> 13 miles	Brenamoor Common, Belstone SX 621 938	09:00 Towerfield Drive	S	Riverside paths - old lanes - ridge walking - one steep climb	Janice W 01752 779786
10am Sun Aug 18th 2013	<u>Pork Hill and Moorland</u> 6 miles	Pork Hill CP SX 531 752	09:15 Towerfield Drive	M	North from Pork Hill around Cox Tor and Higher Godsworthy. Maybe Great Coombe Tor. Edge of moor, tracks and paths.	Joy T & Di M 07801 496359
10am Sun Aug 18th 2013	<u>From Zoo to Moor</u> 13 miles	Sparkwell Community Centre SX 581 578	09:30 B&Q Marsh Mills	S	Shell Top, Yealm Head, West Rook Gate, Lutton. 600m elevation gain/loss	Don M 0753 0945944
9:45am Wed Aug 21st 2013	<u>Whitsand Bay Beach</u> 12 miles	Cremyll Ferry (Admirals Hard) SX 462 539	N/A	M	Catch 09:45 ferry at Admirals Hard. Walk to Kingsand, 11:07 bus to Craffhole. Four miles on beach; sandals or bare feet appropriate. Lunch time swim or paddle possible. Back via Millbrook.	Ron S 01752 674230
7pm Thu Aug 22nd 2013	<u>About Princetown</u> 3 miles	Fox Tor Cafe SX 591 734	N/A	L	Work up an appetite for the "Last Supper" Tickets £6.50 available from Dot B	Ivan M 01752 774019
10am Sun Aug 25th 2013	<u>South Down Circuit</u> 9 miles	Meldon reservoir CP SX 562 917	09:00 Towerfield Drive	M	A walk arranged by Devon Area Ramblers using the closed permissive path by special permission of the landowner. Reservoir path, Vellake Corner, Black Tor Copse, Lints Tor, Dinger Tor, High Willhays, Yes Tor, Red-aven Brook. Moderate moorland walk with gradual climbs to Dartmoor's high points. Possibility of tea at Sourton Village Hall.	John S 01752 782454
10am Sun Aug 25th 2013	<u>South Down</u> 6 miles	Meldon Reservoir CP SX 562 917	09:00 Towerfield Drive	M	A walk arranged by Devon Area Ramblers using the closed permissive path by special permission of the landowner. Reservoir path, Shelstone Tor, Branscombe's Loaf, Sourton Tor, South Down. Moorland, one steep climb. Possibility of tea at Sourton Village Hall.	Alan R 01803 294805
10am Sun Aug 25th 2013	<u>Meldon Circuit</u> 3 miles	Meldon Reservoir CP SX 562 917	09:00 Towerfield Drive	L	Circuit of Meldon Reservoir, arranged by Devon Area Ramblers using the closed permissive path by special permission of the landowner. Possibility of tea at Sourton Village Hall.	Robert W 01803 313430

PLEASE SUBMIT WALKS FOR NEXT PROGRAMME TO THE COORDINATORS BY 15 SEPT 2013

Time/Date	Walk	Start point	Car share	Grade	Description	Contact
10am Wed Aug 28th 2013	<u>A Moorland Meander</u> 11 miles	Postbridge CP SX 647 788	09:15 Towerfield Drive	M	A mainly moorland walk via Bellever, Pizwell, Soussons Down, Warren House Inn, Stannon Tor and Hartland Tor.	Mike L 01752 776823
10:45am Wed Aug 28th 2013	<u>Bude</u> 7 miles	Bude Lower Longbeak CP SS 200 032	09:15 Tesco Transit Way	L	Coast path and canal path. A few ups and downs. Views on a nice day.	Tricia M 01752 794268
10am Sun Sept 1st 2013	<u>Willsworthy Range</u> 12 miles	Watervale CP SX 518 834	09:10 Towerfield Drive	M	Lydford, Dick's Well, Ger Tor. Mainly moorland paths. Dogs on leads please.	Martin R 01822 810867
10:30am Sun Sept 1st 2013	<u>Lerryn: All Creek to us!</u> 5 miles	Lerryn CP SX 142 570	09:15 Tesco Transit Way	M	From Lerryn along woodland paths to St Winnow, then back along the tracks which run alongside the river and creek. A fairly level walk.	Sheila N 01752 350631
10am Wed Sept 4th 2013	<u>Double Crossing</u> 12 miles	Scout Hut CP, Gutter Tor SX 579 673	09:15 Towerfield Drive	M	Eylesbarrow, Nun's Cross, Plym Ford, Blacklane Brook, Erme Pits, Grim's Grave, Plym Steps, Whittenknowles Rocks. Approx 425m vertical climb. (Route subject to suitable river conditions)	Ian C 01752 337400
9:45am Sat Sept 7th 2013	<u>Morwellham Quay</u> 4 miles	Morwelldown, The Rock crossroads SX 445 695	10:30 Towerfield Drive	M	A walk on some of the new paths near Morwellham, coffee at New Quay, optional lunch at Chipshop nearby.	Jane K 0182 834964
10am Sun Sept 8th 2013	<u>Riddon Ridge Circular</u> 12 miles	Postbridge CP SX 647 788	09:15 Towerfield Drive	S	Bellever, Laughterhole Farm, Huccaby Tor, Dartmeet, Yar Tor, Cordon Tor, Cator Common, Lower Merripit. One steep climb.	Christine L 07853 945944
10:45am Sun Sept 8th 2013	<u>Lonely Trenant</u> 8 miles	Looe main CP SX 252 537	09:15 Tesco Transit Way	M	Meet in main CP in Looe by 10.15 to walk to station to catch 10.45 train to Sandplace. We go through little used woods to see Looe from a different angle, and return via Kilminorth Woods and the West Looe Valley.	Jane K 01822 834964
10am Wed Sept 11th 2013	<u>Grimspound and Mariners Way</u> 10 miles	Shapley CP SX 698 835	09:10 Towerfield Drive	M	Shapley Tor, Hookney Tor, Grimspound, King Tor, Mariner's Way, Lettaford, Hurston, Chagford Common.	Caroline A 07815 433754
10am Wed Sept 11th 2013	<u>Rame Area</u> 7 miles	Cremyll SX 454 534	09:00 Tesco Transit Way	L	Car share via 09:15 Torpoint ferry, or make own way via 09:45 ferry from Admirals Hard. Both groups meet at Cremyll at 10AM. Cremyll to Kingsand for lunch and back to Cremyll. (Car parking at Cremyll £4-ish.)	Larry D 01752 815201
10am Sun Sept 15th 2013	<u>Colliford Lake, Carburrow, Warleggan</u> 10 miles	Colliford Dam CP SX 176 709	08:50 Tesco Transit Way	M	A walk along the lovely Colly Lake, (with mollycolly) and veer away to follow moorland and tracks to Warleggan and back.	Ash W 01752 672337
10:30am Sun Sept 15th 2013	<u>Batson Creek</u> 6 miles	Malborough Village CP SX 710 397	09:45 Haye Road Elburton	M	Fields, waterside and woodland via Batson Creek.	Julie P 01752 670703
10am Wed Sept 18th 2013	<u>Bound for Belstone</u> 12 miles	CP near Meldon Viaduct SX 567 921	09:00 Towerfield Drive	M	Mix of open moor, lanes and fields. Some ups and downs. Dogs on leads please. (Directions for start: Take B3260 towards Okehampton, turn opposite Betty Cottles Inn/A30 Recovery Service signed Meldon Quarry. Go under viaduct and when met by No Entry signs, drop down into CP on right)	Martin R 01822 810867

Time/Date	Walk	Start point	Car share	Grade	Description	Contact
10:15am Sat Sept 21st 2013	<u>Mount Edgcumbe Stroll</u> 4 miles	Cremyll Ferry (Admirals Hard) SX 462 539	N/A	L	Catch 10:15 ferry. A gentle stroll from the ferry up to Maker Church and back via coast path through woods.	Val G 01752 700901
10am Sun Sept 22nd 2013	<u>River Plym: Mouth to Source 1</u> 12.5 miles	Mount Batten Waterside CP SX 486 531	N/A	M	Martel Tower, Breakwater and coast path via Turnchapel, Hooe Lake, Oreston & Saltram Park to Marsh Mills. Coypool, Plym Meadow, & western side of the river to Cattedown, Barbican & ferry to Mount Batten. Mainly paths, tracks and pavements with cut off points for shorter distances.	Peter M 01752 893580
10:30am Sun Sept 22nd 2013	<u>Daphne Du Maurier's World</u> 7.5 miles	Coombe Farm NT CP SX 110 512	09:10 Tesco Transit Way	M	Lanes and paths to Polkerris. Then coast path to Gribbin Head, Polridmouth and Readymoney Cove.	Val G 01752 700901
10am Wed Sept 25th 2013	<u>South Moor Mythbuster</u> 14 miles	Ivybridge Viaduct SX 635 569	09:15 B&Q Marsh Mills	M	Henlake Moor, Moor Cross, Lutton, New Park Waste, Penn Beacon, Yealm Steps, New Waste and return along the River Erme. A mixture of moorland, lanes, fields, woodland and riverbank.	Pete M 01752 893580
10:30am Wed Sept 25th 2013	<u>Down Thomas Area</u> 6 miles	Down Thomas, opposite Mussel Inn (roadside) SX 504 500	10:00 Haye Road Elburton	L	Down Thomas to Wembury and Heybrook Bay. Coastal walk, 4 stiles, one big hill and mud.	Pat P 01752 663526
10am Sun Sept 29th 2013	<u>Rame Head Circular</u> 7 miles	Rame Head CP SX 420 487	08:50 Tesco Transit Way	M	Larry and Mary's popular walk along coast path and inland paths.	Larry D 01752 815201
10am Sun Sept 29th 2013	<u>Around about Newton Abbot</u> 12 miles	Stover Country Park CP SX 832 749	09:00 B&Q Marsh Mills	M	Stover Country Park, Templer Way, Newton Abbot, Decoy Country Park, Morley Bridge. Total ascent 350m.	Ian C 01752 337400
10am Wed Oct 2nd 2013	<u>Best of Coastal and Inland Walk</u> 11 miles	Looe, Hannafore Point SX 252 522	08:45 Tesco Transit Way	M	Hannafore Point to Polperro by coast, return inland via Pelynt and West Looe River.	Brian W 01752 562337
10:30am Sat Oct 5th 2013	<u>Calstock and beyond</u> 4 miles	Calstock CP SX 436 685	09:45 B&Q Marsh Mills	M	Okel Tor to see the industrial remains, mix of paths and lanes to Danescombe Valley, optional lunch at the Tamar Inn, Calstock	Jane K 01822 834964
10am Sun Oct 6th 2013	<u>Top of the Common</u> 8 miles	Yelverton, Roborough Rock (old airfield) SX 515 672	09:15 Towerfield Drive	M	Crapstone, Buckland Monachorum, Hatch Mill, Berra Tor. Return via Roborough Down.	Jane K 01822 834964
10am Sun Oct 6th 2013	<u>Around Princetown</u> 10 miles	Princetown CP (fee) SX 589 735	09:15 Towerfield Drive	M	A couple of quarries, Leeden Tor, Devonport Leat, Crazywell Pool, Cramber Tor, South Hessary Tor.	Tony L & Lesley J 01752 721606
10am Wed Oct 9th 2013	<u>Fernworthy Circular Tour</u> 12 miles	Postbridge CP SX 647 789	09:00 Towerfield Drive	M	Moorland tracks and paths through Fernworthy Forest to reservoir, then on to Waterhill and Lower Merripit.	Ken N 01752 787223
10:30am Wed Oct 9th 2013	<u>Bere Ferrers</u> 6 miles	Bere Ferrers (roadside near Old Plough Inn) SX 460 635	09:30 Towerfield Drive	L	Tracks through woods and fields on south part of Bere peninsula. Mud. One steepish ascent.	Joy T 07801 496359

Time/Date	Walk	Start point	Car share	Grade	Description	Contact
10am Sun Oct 13th 2013	<u>South Moor Scenic Ramble</u> 13 miles	South Brent Stn SX 698 602	09:00 B&Q Marsh Mills	S	Ugborough Beacon, 3 Barrows, Zeal Tramway. A couple of steep climbs.	Janice W 01752 779786
10am Sun Oct 13th 2013	<u>Upper Walkham Valley</u> 8 miles	Merrivale Bridge by Dartmoor Inn SX 553 750	09:15 Towerfield Drive	M	Mainly open moorland via Great Mis Tor, Prison Leat, Whitebarrow, Langston Moor and Roos Tor.	Martin H 01752 842728
10am Wed Oct 16th 2013	<u>Around Beautiful Burrator</u> 12 miles	Burrator Quarry CP SX 550 676	09:20 Towerfield Drive	M	Meavy, Sheepstor, Norsworthy Bridge, Crazy Well Pool, Hart Tor, Peak Hill. 560m elevation gain/loss.	Don M 07530 945944
10:30am Sat Oct 19th 2013	<u>Yealmpton Mystery Tour</u> 4 miles	Yealmpton, Torr Hill (roadside) SX 579 517	10:10 Haye Road Elburton	L	The usual undulations through South Ham's lanes and fields south of Yealmpton, a few stiles and riverside walking, choice of eateries on return.	Norman B 01752 492853
10am Sun Oct 20th 2013	<u>River Plym: Mouth to Source 2</u> 13 miles	Plymbridge Woods CP SX 524 586	09:30 Towerfield Drive	M	North along the Plym to Shaugh Bridge, Dewerstone, Cadover Bridge. Pipe track to Shaugh Prior, returning via quiet lanes and cycle track. Oxbow lakes, autumn colours and one steep climb.	Peter M 01752 893580
11am Sun Oct 20th 2013	<u>Dunterton Church Walk</u> 7.5 miles	Beera farm near Horsebridge SX 400 760	09:45 Towerfield Drive	M	Permissive walk along a lovely stretch of the Tamar. A field is opened for parking and we meet at the pay desk - £3 (in aid of Dunterton Church). We'll walk to Greystone Bridge where there will be a shuttle back to the car park. Refreshments available mid-way.	Jane K 01822 834964
10am Wed Oct 23rd 2013	<u>Postbridge: Moorland and Forest</u> 13 miles	Postbridge CP SX 647 788	09:00 Towerfield Drive	M	From Postbridge to Grey Wethers, through Fernworthy Forest to the reservoir, Assycombe Hill, Bennett's Cross, Sousons and Pizwell.	David B 01626 362526
10am Wed Oct 23rd 2013	<u>Newbridge & Dr Blackalls Drive</u> 6 miles	Newbridge CP SX 710 708	09:00 B&Q Marsh Mills	M	Riverside then uphill to moor and Beltor. Splendid views on Dr Blackalls Drive.	Janet C 01752 263559
10am Sun Oct 27th 2013	<u>River Plym: Mouth to Source 3</u> 12.5 miles	Cadover Bridge SX 555 645	09:15 Towerfield Drive	S	North from Cadover Bridge over open moorland to Plym Steps. Calveslake Tor, Ducks Pool returning via Plym Head, Hartor Tors and Stone Row.	Peter M 01752 893580
10:30am Sun Oct 27th 2013	<u>Yealmpton Stroll</u> 7 miles	Yealmpton Stray Park (roadside) SX 575 516	10:10 Haye Road Elburton	M	Puslinch Bridge, the Trees, Marland Cross and Dunstone.	Dave E 79740 382233
10am Wed Oct 30th 2013	<u>The Alternative Ten Tors</u> 10 miles	Cold East Cross SX 741 742	09:00 B&Q Marsh Mills	M	An all moorland walk visiting at least 10 Tors but mostly on good tracks. Extensive views throughout the walk on a good day! Several climbs.	Sue & Tom A 01752 492190

RAMBLERS HOLIDAYS

Our group is now a member of the Walking Partnership with Ramblers Holidays. If you book a Ramblers holiday, wherever that might be, please mention that you are a member of Plymouth Ramblers, and they will make a contribution to our group. If you organise a group holiday, you will be eligible for a discount off the holiday price. Don't forget that in order to qualify, you have to mention your Plymouth Ramblers membership *before* the holiday takes place.



Direct financial support for your local walking group



Travel with Ramblers Worldwide Holidays and support your walking group!
 Receive group funding every time you holiday through the Walking Partnership initiative.

Call us or go online for more information

01707 386804 www.thewalkingpartnership.org.uk

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WALKING GRADES

	Definition	Typical features
E	Easy Walks for anyone who does not have a mobility difficulty or a specific health problem and is not seriously unfit. Comfortable shoes or trainers can be worn.	Up to 5 miles No steep inclines Easy underfoot Gentle pace
L	Leisurely Walks for reasonably fit people with at least a little country walking experience. Often on unsurfaced rural paths. Walking boots and warm, waterproof clothing are recommended.	Up to 8 miles Up to 300m ascent or descent Mainly easy underfoot Gentle pace
M	Moderate Walks for people with country walking experience and a good level of fitness. May include some steep paths and open country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.	Up to 10 miles Up to 600m ascent or descent May be rough underfoot Brisk pace
S	Strenuous Walks for experienced country walkers with an above average fitness level. May include hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.	Up to 12 miles (or more) Up to 1000m ascent or descent Moderate to hard terrain Brisk pace

PLEASE SUBMIT WALKS FOR NEXT PROGRAMME TO THE COORDINATORS BY 15 SEPT 2013

USING THE FORM BELOW

Date	
Title of walk	
Start point grid ref	
Parking place	
Start time	
Grade	<input type="checkbox"/> Easy <input type="checkbox"/> Leisurely <input type="checkbox"/> Moderate <input type="checkbox"/> Strenuous
Car share time	
Car share place	
Longer description	
Distance (miles)	
Contact name	
Contact phone or email	

PLYMOUTH RAMBLERS

MAIN CAR SHARE LOCATIONS



marks where we meet

Towerfield Drive, Roborough
SX504616



Tesco Transit Way
SX472588



Haye Road CP, Elburton
SX532536



B&Q Marsh Mills
SX521567

