

# PLYMOUTH RAMBLERS NEWSLETTER & WALKS LIST

July – Oct 2014



## DATES FOR YOUR DIARY

- 28 August      Once again, Fox Tor Café will host the 'Last Supper' following the final Thursday evening walk of the season. More details later, including how to get tickets for this always popular event!
- 27 October     The AGM will be at 7.30pm on Monday 27 October, at Derriford Church Hall, Powisland Drive.

## ANNUAL DINNER



Many thanks to Doug Tiller for organising a highly successful Annual Dinner. If anyone else would like to organise a social event, please contact any committee member.

## TREYARNON DAY WALKS

There is a two-day walk from Padstow to Newquay via Treyarnon on 9th and 10th July. If you wish to join us for a day walk:

Walk 9th July commencing 11.30 from Padstow Old Railway Station to Treyarnon.

Walk 10th July commencing 09.30 from Treyarnon Youth Hostel to Newquay.

Both walks have bus service to take you back to the beginning and your car.

## NEW WASTE CLOSURE

Sadly, the landowner at New Waste, Cornwood, has decided to terminate the permissive parking agreement, so from 24 June it will no longer be possible to park there, unless there is a last minute reprieve. Access on foot will still be possible.

## POSITIONS VACANT

# Can you help?



We are still looking for a Social Secretary. It's a job that can involve as much or as little as you choose, but which can also make a huge contribution to the success of our group.

For 2015, we also need two new walks co-ordinators, one for Thursday evening walks , and the other for Sunday short walks.

If you think you might be interested in any of these posts, please contact anyone on the committee.

## COMMITTEE MINUTES

In the interests of greater transparency, we are making minutes from the committee meeting available to members. If you would like a copy of the latest minutes, please email Sue Allen (tom\_sue\_allen@yahoo.co.uk).

## NEWSLETTER COPIES

Do you still receive a paper copy of the newsletter? If so, you should have received a slip asking whether you wish to switch to an electronic copy. Of course you are welcome to a paper copy if you need one, but they are more expensive for us to provide, so please let us know if you would like to switch. (And the electronic copy is in colour!)

## WALKING THE SOUTH WEST COAST PATH?

We have a copy of the Handbook of the South West Coast Path Association, which any member is welcome to borrow if they are planning a walk. Just ask one of the committee.

## RAMBLERS HOLIDAYS DISCOUNT

Our group is a member of the Walking Partnership with Ramblers Holidays. If you book a Ramblers holiday, please mention that you are a member of Plymouth Ramblers, and they will make a contribution to our group. If you organise a group holiday, you will be eligible for a discount off the holiday price. Don't forget that in order to qualify, you have to mention your Plymouth Ramblers membership *before* the holiday takes place.

## MIDNIGHT MADNESS WALK

On Saturday 19th July 2014 at 2100 hours

A night walk of 18 kilometres starting and finishing in Princetown. All proceeds in aid of the Dartmoor Search and Rescue Team, Plymouth (Registered Charity Number 1106095)

For further details visit the website at [www.dartmoorsartplymouth.org.uk](http://www.dartmoorsartplymouth.org.uk), or contact:

Ken Ringwood  
5 Wellsbourne Park  
Plymouth  
PL3 5JJ  
01752 225185

(Please include a stamped addressed envelope)



## YOUTH HOSTEL DISCOUNT

Plymouth Ramblers' membership of the YHA means that we are entitled to a discount on any trip involving five or more people. If you want to take advantage of this, check with Beryl Smith who holds the membership card.

## PARKING PLACES

Wondering where to park for the start of a walk? Tired of checking the grid references on a crumpled map splayed out on the floor? We now have an extensive list of parking places that have been used over the years, together with their grid references. You can find it on the Plymouth Ramblers website:

<http://www.plymouthramblers.org.uk/> - look for the button that says *Grid References for Walk Start Points*

SX498800	Mary Tavy (beyond cattle grid)
SX503796	Mary Tavy War Memorial/Bal Lane
SW849671	Mawganporth (CP behind Merrymore Inn)
SX540671	Meavy village hall
SX561917	Meldon Reservoir CP
SX553750	Merrivale Bridge by Dartmoor Inn
SX259711	Minions CP

Don't forget you can also go online to see the walks lists as they are being compiled. Here's the link:

<https://drive.google.com/folderview?id=0B4GdHTVh7Mj9MUFSbFIVaFRhbms&usp=sharing>

This will take you to three files, for Wednesday walks, Sunday walks, and other walks. Click any file, and when it pops up, click the button marked 'Open' at the bottom right. You can scroll up and down to see the entries, but you cannot change anything (only the Walks Co-ordinators have access for editing.)

**The Walking Partnership**



Supported by Ramblers Worldwide Holidays

## Direct financial support for your local walking group



Travel with Ramblers Worldwide Holidays and support your walking group!  
Receive group funding every time you holiday through the Walking Partnership initiative.

**Call us or go online for more information**

**01707 386804** [www.thewalkingpartnership.org.uk](http://www.thewalkingpartnership.org.uk)

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"Do you recall how my eHarmony profile said I love to hike? Well, I lied."

## PLYMOUTH RAMBLERS COMMITTEE

Chair	Peter Major	01752 893580	pmajor126@btinternet.com
Secretary	Val Galer	01752 700901	valgaler@googlemail.com
Treasurer	Beryl Smith	01752 779502	b.smith811@btinternet.com
Walks Secretary	Sarah North	01752 316488	sarahnorth000@gmail.com
Minutes Secretary	Sue Allen	01752 492190	tom_sue_allen@yahoo.co.uk
Social Secretary	VACANT		
Footpath Officer	Jane Kiely	01822 834964	janekielyintamarvalley@uwclub.net
Membership Secretary	Steve Whitney	01752 402204	plot8smw@gmail.com
Website	Mike Birch	01752 667566	wiganddot@gmail.com
Countryside Officer	Jane Kiely	01822 834964	janekielyintamarvalley@uwclub.net

## WALK PROGRAMME COORDINATORS

Sat Monthly Walks	Jane Kiely	01822 834964	janekielyintamarvalley@uwclub.net
Sun Longer Walks	Janet Coleman	01752 263559	jecoleman73@gmail.com
Sun Shorter Walks	Val Galer	01752 700901	valgaler@googlemail.com
Weds Longer Walks	Diana & Patrick McCann	01752 665691	patmccann1@btinternet.com
Weds Shorter Walks	Viv White	01752 500700	vivienne.white@blueyonder.co.uk
Thurs Evening Walks	VACANT		
Alternative Walks	Steve Whitney	01752 402204	plot8smw@gmail.com


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## WALKS LIST

Time/Date	Walk	Start point	Car share	Grade	Description	Contact
10am Wednesday July 2nd	<u>My First Walk</u> <u>Ever!</u> 11 miles	Gunnislake, lane north of New Bridge, on Devon side of Tamar SX 434 723	8:45 Towerfield Drive	M	Paths, lanes, woodland and riverside. Walk Horsebridge, Luckett, Latchey and Chilsworthy	Lynne T 01822 840716
10:30am Wednesday July 2nd	<u>Wembury</u> <u>Coast Tour</u> 8 miles	Down Thomas, Manor Bourne Rd SX 503 500	10:00 Haye Road	L	Paths and lanes and splendid Devon estuary. Coastal Views, one steep 100yd climb and some stiles.	Rod O 01752 558926
7pm Thursday July 3rd	<u>Breakwater</u> <u>trip</u> 0 miles	Royal Wm Yard Marina (fee) SX 460 536		E	Boat trip to breakwater (weather permitting) Max 40 people. Chq £7.50 to Ron ( <a href="mailto:ronsmith705@btinternet.com">ronsmith705@btinternet.com</a> ) who will give priority to first timers and wait-list others. Please note there is a 2m climb up fixed vertical iron ladder to get onto the breakwater.	Ron Smith 01752 674230
10am Sunday July 6th	<u>Camel Estuary</u> 11 miles	Daymer Bay CP (fee) SX 928 777	8:30 Tesco Transit Way	M	Coastal and field paths in this estuary to include Rock, Polzeath, Pentire Head, The Rumps returning to Daymer via Greenaway.	Janet C 01752 263559
10am Sunday July 6th	<u>Camel Estuary</u> 8 miles	Daymer Bay CP (fee) SX 928 777	8:30 Tesco Transit Way	M	A combined walk initially with the longer walk but with the option of returning to Daymer via Greenaway from Polzeath before the walk out to Pentire Head.	Janet C 01752 263559
10am Wednesday July 9th	<u>Moorland</u> <u>fringe from</u> <u>Brent Tor</u> 10 miles	Brent Tor CP SX 468 805	9:15 Towerfield Drive	M	Fields and woods to the edge of Lydford via Langstone Manor, Wastor Farm, North Brentor and South Brentor	Christine L 01752 559781
10:30am Saturday July 12th	<u>Calstock Bus</u> <u>and Ferry</u> 4 miles	Calstock CP SX 436 685	9:35 Tesco Transit Way	M	We catch the 10:30 bus up to Albaston and walk lanes and tracks to get to Cotehele Quay for lunch (either picnic or use facilities). Return on 2.15 ferry. Bring bus pass and £2.50 for ferry.	Jane K 01822 834964
10am Sunday July 13th	<u>North Bodmin</u> <u>Moor</u> 10 miles	Westmoor Gate SX 203 803	8:45 Tesco Transit Way	M	All moorland walk via Elephant Rock, Codda, Fowey Head, Brown Willy, Bray Down and Carn Glaze.	Martin H 01752 842728
10:30am Sunday July 13th	<u>Crantock</u> <u>Spectacular</u> 7 miles	NT beach CP as signed to beach in Crantock SW 789 608	9:00 Tesco Transit Way	M	Timed to see the amazing display of poppies and corn marigolds in the fields above West Pentire. Coastal path to Poly Joke, back in time for tea in the village or over the Gannell.	Jane K 01822 834964
10am Wednesday July 16th	<u>Lydford Loop</u> <u>4</u> 11 miles	High Down CP Along lane by Dartmoor Inn Lydford SX 525 853	9:00 Towerfield Drive	S	Lydford Village, Fernworthy Down, Bridestowe, Sowerton, Southerly Down	Greta T 01822 610002
11am Wednesday July 16th	<u>Kingsbridge</u> <u>Hidden</u> <u>Highway</u> 4 miles	Kingsbridge Quayside SX 735 440		L	Catch 93 bus at 09:50 from stop A8, Royal Parade. Thru town to Washbrook Mill, Shindle Mill, Bowcombe Creek and back for tea in Kingsbridge. Bus back at 14:38 or 15:38. (Don't forget bus passes!)	Corry H 01752 266423
7pm Thursday July 17th	<u>Edge of the</u> <u>Moor</u> 4 miles	CP on B3212, opposite turn-off for Lowery Cross SX 545 694		L	Fields and tracks on fringes of Dartmoor	Ivan M 01752 774019
10:30am Saturday July 19th	<u>Peter Tavy</u> <u>Circular</u> 4 miles	Peter Tavy church SX 513 777	9:30 Towerfield Drive	L	Riverside, Field, tracks, quiet lanes	Tricia M 01752 794268
10am Sunday July 20th	<u>Around</u> <u>Wembury</u> <u>Area</u> 10 miles	Jennycliff CP SX 493 523		M	Bovisand, Langdon Court, Wembury, returning to Jennycliff by the South West Coast Path.	Mosa A 01752 345055

Time/Date	Walk	Start point	Car share	Grade	Description	Contact
10am Wednesday July 23rd	<u>Rivers and Moorland</u> 10 miles	Yelverton Leg O'Mutton CP over cattle grid SX 518 679	9:30 Towerfield Drive	M	Clearbrook, Shaugh Bridge, Cadover Bridge, Durance, Meavy. Footpaths, open moor, riverside path, country lane, long climbs	Janet A & Heather W 01822 852609 or 07561 110202
7pm Thursday July 24th	<u>Round &amp; About Calstock and the Valley</u> 4 miles	Calstock CP SX 436 685	18:20 Tesco Transit Way	L	Paths and lanes around Calstock, optional visit to Tamar Inn afterwards.	Jane K 01822 834964
10am Sunday July 27th	<u>Avon Country</u> 14 miles	Aveton Gifford CP SX 692 472	9:15 Haye Road Elburton	S	Field paths to Marlborough and Hope Cove, Coast and Avon Estuary. One very steep climb at the end.	Janice W 01752 779786
10:30am Sunday July 27th	<u>Yealmpton, Kitley and Dunstone</u> 5 miles	Yealmpton, Torr Hill roadside (First right after Volunteer pub) SX 579 517	10:00 Haye Road Elburton	L	Lovely walk through farms, passing Dunstone, North Pursdon Farm, Marland Cross, Higher Torr and back to Yealmpton. Some EVIL stiles, not suitable for dogs. Has been very muddy. Stop at The Volunteer afterwards (optional).	Corry H 01752 266423
10am Wednesday July 30th	<u>Withey Brook Walkabout</u> 12 miles	North Hill Village Hall SX 270 767	9:00 Tesco Transit Way	M	Mainly open moorland via Hawks Tor, King Arthurs Bed, Nine Stones, Fox Tor, Rushyford Water, Smallacombe and Kilmar Tor	Martin H 01752 842728
10:30am Wednesday July 30th	<u>Thurlestone &amp; Bantham</u> 7 miles	Thurlestone, Court Park Road SX 678 430	9:45 Haye Road	L	Coast path, inland tracks, some ups and downs.	Penny I 01752 335152
7pm Thursday July 31st	<u>Paths around Buckland Monachorum</u> 4 miles	Roadside, nr church SX 489 685		L	Country paths and farmland	Ivan M 01752 774019
10:30am Saturday August 2nd	<u>Wembury and Coast</u> 4 miles	Wembury Barton Close SX 527 494	10:10 Haye Road CP	L	Fields, lanes, coast & beach around Wembury	Norman B 01752 492853
10am Sunday August 3rd	<u>Belstone to Steeperton Tor</u> 9 miles	Brenamoor Common, Belstone SX 621 938	8:45 Towerfield Drive	M	Watchett Hill, Nine Stones, Winter Tor, Oke Tor, Knack Mine Ford and Steeperton Tor. returning via Taw Valley and Birchy Lake. Two hills.	Pat M & Joan J 01752 673172
10:30am Sunday August 3rd	<u>Loddiswell and Avon Valley</u> 6 miles	Loddiswell CP SX 720 486	9:30 Haye Road Elburton	M	Fields, riverside, woods, valleys. 3 steep ups and downs. 11 stiles!	Vereleen F & Sheila N 07786 341626
10am Wednesday August 6th	<u>Animal Magic</u> 11 miles	High Down CP (along lane by Dartmoor Inn) SX 525 853	9:00 Towerfield Drive	S	An all moorland walk with the possibility of seeing a hare, a French cat, goats, woodcock, lynx, and a tiger! Be very brave! Some tough terrain	Sue & Tom A 01752 492190
7pm Thursday August 7th	<u>Estuary and Woodland</u> 4 miles	Tamerton Foliot, Kings Arms CP SX 470 608		L	A leisurely walk exploring Tamerton Foliot, woodland and estuary	Ivan M 01752 774019
10:30am Saturday August 9th	<u>Seeking the Cheesewring</u> 4 miles	Minions CP SX 259 711	9:45 Tesco Transit Way	L	This is the walk which John Green led in March, from Minions to Quarry, Cheesewring, and optional lunch at Cheesewring Hotel.	Jane K 01822 834964
10am Sunday August 10th	<u>Barrows and Beacons</u> 12 miles	Shipley Bridge CP SX 680 629	9:00 B&Q Marsh Mills	M	Great views around the high points of the south eastern moor, including Ugborough Beacon, Western Beacon, Three Barrows, Western and Eastern White Barrows.	Martyn W 01364 643728
10:30am Sunday August 10th	<u>Coombe Farm Circular</u> 7 miles	Coombe Farm NT CP SX 110 512	9:15 Tesco Transit Way	M	Classic Du Maurier walk to Gribbin Head, Polkerris and return on Saints Way with tea in the garden of Coombe Farm at the end.	Jane K 01822 834964

Time/Date	Walk	Start point	Car share	Grade	Description	Contact
10:30am Wednesday August 13th	<u>Lee Mill</u> 6 miles	Lee Mill, Holly Berry Road SX 598 558	10:00 B&Q Marsh Mills	L	Figure of eight walk in fields and lanes to Slade Viaduct.	Norman B 01752 492853
10:45am Wednesday August 13th	<u>Whitsand Bay Beach</u> 12 miles	Cremyll Ferry (Admirals Hard) SX 462 539		M	Walk to Cawsand: 12:15 bus to Crafhole. 4 Miles on beach (sandals or bare feet appropriate. Swim possible before late lunch. (Low tide @ 14:44 makes all timings later than usual)	Ron S 01752 674320
7pm Thursday August 14th	<u>Evening at Cotehele</u> 4 miles	Cotehele Quay SX 424 681	18:20 Tesco Transit Way	L	Peace and quiet at Cotehele on paths and lanes	Jane K 01822 834964
10am Sunday August 17th	<u>Lustleigh Cleave and the River Tavy</u> 9 miles	Small CP about 3 miles NW of Bovey Tracey SX 784 793	9:00 B&Q Marsh Mills	S	Varied and pretty walk through woodland, beside the river and some moorland. 4 steep uphill sections.	Joy T & Di Mc 07801 496359
10am Wednesday August 20th	<u>Plym Valley Ascent and Moorland Yomp</u> 12 miles	Shaugh Bridge CP SX 533 636	9:15 Towerfield Drive	M	Country lanes and moorland tracks, visiting Cadover Bridge, Gutter Tor, Sheepstor and Brisworthy	Ken N 01752 787223
10:30am Wednesday August 20th	<u>Around the Avon Dam</u> 7 miles	Shipley Bridge CP SX 680 629	9:45 B&Q Marsh Mills	M	Up the old tramway to Western White Barrow, then down to Stony Girt and along the Avon back to the dam. Could be wet in places.	Sarah N 01752 316488
7pm Thursday August 21st	<u>Heybrook Bay area</u> 4 miles	Heybrook Bay, roadside parking near pub SX 496 488		L	Coastal tracks and views. Optional visit to pub afterwards	Julie P 01752 670703.
10am Sunday August 24th	<u>Stepping out at Laughter Hole</u> 12 miles	Postbridge CP SX 647 788	9:00 Towerfield Drive	M	Moorland tracks and paths to Warren House Inn. Soussons Farm, Ridden Ridge, Laughter and Bellever Tors. NB River crossing by the stepping stones at Laughter Hole.	Ken N 01752 787223
10:30am Sunday August 24th	<u>Cadover Special</u> 5 miles	Cadover Bridge SX 555 645	9:45 Towerfield Drive	L	Leisurely stroll through the woods to Shaugh Bridge and back. Bit of moorland and a Dewerstone as well.	Di M & Joy T 07801 496359
10am Wednesday August 27th	<u>Gem Trail Area</u> 6 miles	Yelverton Leg O Mutton CP (across cattle grid SX 518 679	9:30 Towerfield Drive	L	Gem Trail, Grenofen Bridge, West Down & Tavistock. One steep up. Option to take the bus back (bus passes) or walk it.	Tricia M 01752 794268
10am Wednesday August 27th	<u>Mary Tavy Circular</u> 12 miles	Mary Tavy War Memorial / Bal Lane SX 503 796	9:00 Towerfield Drive	M	A circular walk from Mary Tavy via Wheal Jewell Reservoir, Dead Mans Way, White Tor, Stephen's Grave and Peter Tavy. A varied mixture of paths, open moorland, roads, with a couple of steep climbs	Steve W 01752 402204
7pm Thursday August 28th	<u>H.M.Prison, Dartmoor</u> 3 miles	Fox Tor Cafe CP SX 591 734		E	By popular demand and with the consent of HMP Governor, another chance to walk the grounds of the prison and hear the history. Followed by the traditional "Last Supper"	Ivan M 01752 774019
9am Sunday August 31st	<u>Dartmoor Rescue Group Walk</u> 10 miles	Postbridge CP SX 647 788	8:00 Towerfield Drive	M	Fund raising walk for the Dartmoor Rescue Group. A moderate moorland walk. Names and entry fee of £10 per head to John S no later than August 15th please. Do please note the earlier car share and start times	John S 01752 782454
10:30am Sunday August 31st	<u>Whitchurch</u> 6 miles	St Andrews Church nr Whitchurch (Tavistock) SX 493 726	9:45 Towerfield Drive	M	Plasterdown area with fine views of countryside and moor. Several stiles of different types.	Jo M 07837 908110



Time/Date	Walk	Start point	Car share	Grade	Description	Contact
10am Wednesday September 3rd	<u>Dean and Brent Moors</u>	South Brent Station CP SX 698 602	9:15 B&Q Marsh Mills	S	Brent Hill, Grippers Hill, Buckland Ford, Western White Barrow, Three Barrows, Ball Gate	Don Mc 07530 945944
10:30am Wednesday September 3rd	<u>Harford and Back</u>	Stowford Bridge (roadside parking) SX 641 567	10:00 B&Q Marsh Mills	M	A short walk into Ivybridge, then up the Erme valley to Harford, Butterdon Hill, Western Beacon and back. Woodland, farmland and moors, some mud.	Sarah N 01752 316488
10:30am Saturday September 6th	<u>Bere Ferrers Circular</u>	Bere Ferrers (roadside near Old Plough Inn) SX 460 635	9:30 Towerfield Drive	L	Round and about Bere Ferrers with optional lunch at The Old Plough Inn.	Jane K 01822 834964
10am Sunday September 7th	<u>Rowing up the Erme</u>	Harford Moor Gate SX 643 595	9:30 B&Q Marsh Mills	S	Taking the road to Harford and following the stone rows up the Erme Valley to Green Hill. Returning via Red Lake and Puffing Billy Track.	Sue & Shirley 07890 761552
10:30am Sunday September 7th	<u>Cliffs and Deep Woods at Portreath</u>	Portreath Beach and Harbour SW 654 453	9:00 Tesco Transit Way	M	A walk along spectacular cliffs followed by a contrasting stroll through woods.	Jane K 01822 834964
10am Wednesday September 10th	<u>Towards Meldon Reservoir</u>	Brenamoor Common, Belstone SX 621 938	9:15 Towerfield Drive	S	Culliver Steps, Rowtor, West Mill Tor, Yes Tor, Higher Will Hayes, Fordsland Edge, Blackdown	Hetta P 07811 560229
10:30am Wednesday September 10th	<u>Tavistock Canal</u>	Tavistock Bus Stn SX 478 743		L	Meet at 9:30 at Yelverton Leg O'Mutton Free CP (beyond cattle grid) to catch bus to Tavistock. Walk along Tavistock Canal. One hill. Some easy stiles. (Don't forget bus passes!)	Jo M 01752 216118
10am Sunday September 14th	<u>Rambling Rame</u>	Rame Coastal Watch Car Park SX 420 487	9:00 Tesco Transit Way	M	Car share 9:00 at Tesco to catch the 9:15 Torpoint ferry. A moderate walk along paths and some lanes to create a nice ramble along the stunning coastline plus bits of Mount Edgcumbe.	Larry D & Mary H 01752 815201
10:30am Sunday September 14th	<u>Cox Tor and Peter Tavy</u>	Pork Hill CP SX 531 752	9:50 Towerfield Drive	L	A leisurely walk past Cox Tor to Peter Tavy and back via moor and lanes. Some inclines and stiles.	Norman B 01752 492853
10am Wednesday September 17th	<u>Buckland Roundabout</u>	Yelverton Leg O'Mutton (CP over cattle grid) SX 518 679	9:30 Towerfield Drive	M	Part road, tracks and pathways on route to Buckland Monachorum, on to Bucktor and Double Waters. Follow river to Magpie, on to Drakes Trial and back to Yelverton	Mike E 01752 704287
10:15am Saturday September 20th	<u>Mount Edgcumbe stroll</u>	Cremyll Ferry (Admirals Hard) SX 462 539		L	Catch the 10.15 ferry. A gentle stroll from the ferry up to Maker Church and back via coast path through woods. Various options for refreshments afterwards!	Val G 1752700901
10am Sunday September 21st	<u>Sourton Area</u>	Prewley Treatment Works SX 548 909	9:00 Towerfield Drive	M	Sourton Tor, Gren Tor, Woodcock Hill, Great Links Tor, Little Links Tor, and Great Nodden. Pathways and rough ground.	Mike E 01752 704287
10:30am Sunday September 21st	<u>Moorland Meander</u>	Heathfield Down off road parking SX 601 601	9:15 B&Q Marsh Mills	M	Walk via Cholwich Down, High Waste House, Yealm Steps, Dendles Waste and Rook. Moorland walking and paths. Please use car share as parking is limited.	Peter M 01752 893580
10am Wednesday September 24th	<u>Liskeard to Looe</u>	Liskeard Railway Station CP (fee) SX 248 637	9:00 Tesco Transit Way	M	Linear walk down East and West Looe Valleys. Lanes, fields and riverside paths. Choice of trains back at 16:13, 17:15 or 18:13. Meal in Looe a possibility.	Martin R 01822 810867

**PLEASE SUBMIT WALKS FOR NEXT PROGRAMME TO THE COORDINATORS BY 15 SEPT**

Time/Date	Walk	Start point	Car share	Grade	Description	Contact
10:30am Wednesday September 24th	<u>Sampford</u> <u>Peverell</u> 6 miles	Sth Brent Stn road parking SX 697 603	9:45 B&Q Marsh Mills	M	South Brent to Brent Hill, Didworthy, Avon Cot. Fair bit of quiet road walking. Could be boggy	Ian H 01752 266423
10am Sunday September 28th	<u>Dart Valley</u> <u>from Sources</u> <u>to Sea (1)</u> 14 miles	Postbridge CP SX 646 788	9:00 Towerfield Drive	S	The sources of the river Dart. Car shuttle to Two Bridges, then on to Bearsdown Tor, Rough Tor, West Dart Head, Cranmere Pool. East Dart Head, Sandy Hole Pass and return to Postbridge. Walking along moorland paths and open moorland.	Peter M 01752 893580
10am Sunday September 28th	<u>Salcombe to</u> <u>Soar</u> 8 miles	Malborough Village Hall SX 710 397	9:00 Haye Road Elburton	M	Winter storms stopped us in January so we'll try again! Fields and lanes to Batson Creek. Stroll through to Salcombe. From South Sands we climb on coast path to Starehole Bay. Then inland via East Soar Farm for tea before heading back to Malborough.	Val G 01752 700901
10am Wednesday October 1st	<u>River Yealm</u> <u>Circular</u> 11 miles	Heathfield Down off road parking SX 601 601	9:15 B&Q Marsh Mills	M	Rook Tor, Penn Beacon, Shell Top, Yealm Head, Stalldown Barrow, New Waste, Blachford and Cornwood. One seriously long hill at the beginning and will be muddy and wet in places. Please use car share as parking is limited.	Peter M 01752 893580
10:30am Saturday October 4th	<u>Calstock</u> <u>Church Tour</u> 4 miles	Calstock CP SX 436 686	9:45 Tesco Transit Way	L	A friend has offered to give us a guided walk around Calstock Church, Grade 1 Listed, and the churchyard with its Titanic connection. Peter will provide tea and coffee when we arrive. Optional lunch at the Tamar Inn afterwards.	Jane K 01822 834964
10am Sunday October 5th	<u>Beesands</u> <u>Coastal</u> 11 miles	Beesands CP (south) SX 819 405	8:45 Haye Road Elburton	M	A popular coastal walk with some challenging features. Coast path through Start Point to Prawle Beach. Then inland via paths and quiet lanes back to the coast. Stunning views and a couple of steep climbs.	Val G 01752 700901
10am Wednesday October 8th	<u>Return to</u> <u>Three</u> <u>Reservoirs</u> 12 miles	Trenchford Reservoir CP SX 804 823	9:00 B&Q Marsh Mills	M	By popular demand: A return to the Trenchford, Tottiford, Kennick Reservoirs and surrounding areas	Ian C 01752 337400
10:30am Wednesday October 8th	<u>Convicts and</u> <u>Convents</u> 7 miles	Denbury, South St roadside parking, opp. wall of Denbury Manor SX 824 687	9:30 B&Q Marsh Mills	L	River Lemon, Channings Wood Prison. Quiet lanes, field tracks, numerous stiles and one steep long climb.	Tricia M 01752 794268
10am Sunday October 12th	<u>Around</u> <u>Holbeton</u> 11 miles	Holbeton Community Hall CP SX 615 502	9:15 Haye Road Elburton	M	Country lanes, coastal path and muddy tracks. Limited parking at Holbeton so please use car share.	Tony L & Lesley J 01752 721606
10:30am Sunday October 12th	<u>Bolt Head</u> 7 miles	East Soar NT CP SX 713 375	9:00 Haye Road Elburton	M	To Soar Mill Cove, Starehole bay, Overbecks and Sharp Tor. Two good hills but we'll walk at a leisurely pace along one of the most beautiful sections of coast path. Tea again at East Soar Farm!	Peter M 01752 893580
10am Wednesday October 15th	<u>Two Moors</u> <u>Way (Part</u> <u>thereof)</u> 10 miles	Bennetts Cross SX 680 816	9:05 Towerfield Drive	M	Following part of the TMW to Hockney Tor, Grimspound, Heathercoombe, Kendon, Lower Hookner, West Combe, Moor Gate, Lepra Cross, Lettaford, Jurston, Hurston and Chagford Common. Mainly paths and tracks, but some open moor. Small CP so please use car share.	Mike L 01752 776823

Time/Date	Walk	Start point	Car share	Grade	Description	Contact
10am Sunday October 19th	<u>Dart Valley</u> <u>from Sources</u> <u>to Sea (2)</u> 13 miles	Dartmeet CP SX 672 732	9:00 Towerfield Drive	M	The West Dart from Dartmeet to Two Bridges. Huccaby Tor, Sherberton, Prince Hall, Two Bridges, Crock of Gold, Swincombe, Hexworthy, Huccaby. Paths and open moorland, river crossings by bridges. Can be muddy.	Peter M 01752 893580
11am Sunday October 19th	<u>Dunterton</u> <u>Church Walk</u> 8 miles	Beera Farm near Horsebridge SX 400 760	9:45 Towerfield Drive	M	A lovely walk along a stretch of the Tamar which is usually closed, to raise funds for Dunterton Church. Let's hope for more favourable conditions than last year! £3.00 fee payable at desk in field where we park. Refreshments available along the way and a shuttle back to the cars (small cost) from Greystone Bridge.	Jane K 01822 834964
10am Wednesday October 22nd	<u>Holne Moor</u> <u>out to Red</u> <u>Lake</u> 13 miles	Venford Reservoir CP SX 685 712	9:00 Towerfield Drive	M	Venford Reservoir, Huntington Cross, Crossways, Red Lake and returning via Ryder's Hill and Horn's Cross	David B 01626 362526
10:30am Wednesday October 22nd	<u>Trematon</u> <u>Castle Circular</u> 6 miles	Saltash, St Stephens Church (roadside) SX 416 583	9:50 Tesco Transit Way	L	Churchtown Farm, Forder, Trematon Castle. Lanes and footpaths.	Joy T 07801 496359
10am Sunday October 26th	<u>Shaugh Bridge</u> <u>Figure of</u> <u>Eight</u> 8 miles	Shaugh Bridge CP SX 533 636	9:30 Towerfield Drive	M	By the banks of the Plym to Cadover and the Dewerstone, then by the banks of the Meavy to Clearbrook and back.	Sarah N 01752 316488
10am Sunday October 26th	<u>Natsworthy</u> <u>Manor</u> <u>Boundary</u> <u>Stones</u> 10 miles	Swallerton Gate (Hound Tor CP) SX 739 792	9:00 B&Q Marsh Mills	M	A perambulation of Natsworthy Manor Boundary Stones. One particularly steep descent from east of Hamel Down to Bagpark.	Tom & Sue A 01752 492190
10am Wednesday October 29th	<u>Norsworthy</u> <u>Bridge to</u> <u>Childs Cross</u> <u>(a circular</u> <u>walk)</u> 11 miles	Norsworthy Bridge SX 568 693	9:00 Towerfield Drive	M	A circular walk from Burrator. Up on to the moors to Crazywell Pool, round the bend to Nuns Cross, Childs Tomb, Crane Hill, Eylesbarrow, then downhill to Warhorse country, finally making our way back to Burrator. A mixture of paths, open moor. Could be muddy	Ian M 01752 290421 or 07500 919581

**PLEASE SUBMIT WALKS FOR NEXT PROGRAMME TO THE COORDINATORS BY 15 SEPT 2014**

**USING THE FORM BELOW**


Date	
Title of walk	
Start point grid ref	Please check grid references at <a href="http://www.plymouthramblers.org.uk">http://www.plymouthramblers.org.uk</a> or <a href="http://www.getamap.ordnancesurveyleisure.co.uk/">http://www.getamap.ordnancesurveyleisure.co.uk/</a>
Parking place	
Start time	
Grade	<input type="checkbox"/> Easy <input type="checkbox"/> Leisurely <input type="checkbox"/> Moderate <input type="checkbox"/> Strenuous
Car share time	
Car share place	
Longer description	
Distance (miles)	
Contact name	
Contact phone or email	

**WALKING GRADES**

	<b>Definition</b>	<b>Typical features</b>
<b>E</b>	<b>Easy Walks</b> for anyone who does not have a mobility difficulty or a specific health problem and is not seriously unfit. Comfortable shoes or trainers can be worn.	Up to 5 miles No steep inclines Easy underfoot Gentle pace
<b>L</b>	<b>Leisurely Walks</b> for reasonably fit people with at least a little country walking experience. Often on unsurfaced rural paths. Walking boots and warm, waterproof clothing are recommended.	Up to 8 miles Up to 300m ascent or descent Mainly easy underfoot Gentle pace
<b>M</b>	<b>Moderate Walks</b> for people with country walking experience and a good level of fitness. May include some steep paths and open country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.	Up to 10 miles Up to 600m ascent or descent May be rough underfoot Brisk pace
<b>S</b>	<b>Strenuous Walks</b> for experienced country walkers with an above average fitness level. May include hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.	Up to 14 miles (or more) Up to 1000m ascent or descent Moderate to hard terrain Brisk pace

# PLYMOUTH RAMBLERS

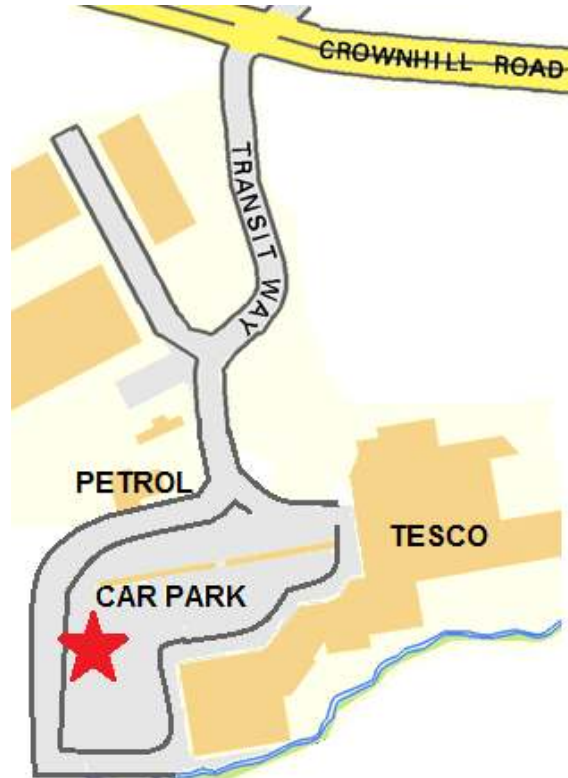
# MAIN CAR SHARE LOCATIONS

 marks where we meet

**Towerfield Drive,**  
SX504616



**Tesco Transit Way**  
SX472588



**Haye Road CP, Elburton**  
SX532536



**B&Q Marsh Mills**  
SX521567

