



Plymouth Ramblers Walks List

Sun 1 August 2021 10:30 - 9 miles/14.5 km - Moderate

Luxulyan Valley

Starts at 10:30: Ponts Mill CP (PL24 2RR, SX072562)

Following leats, paths and old tramways in the Luxulyan Valley to Treffry Viaduct. Returning on Saints Way and Prideaux Wood.

Tues 3 August to Thursday 5 August 2021

In addition to the normal programme of walks, members are also welcome to join three walks in the Helston area. If you are interested in any of these, please contact Martin for more information: [martinhills@gmail.com](mailto:martinlhills@gmail.com), 01752 842728.

- *Tues 3 August: From Penrose bunkhouse coast path Gunwalloe - Loe Pool. Around Loe Pool to Helston boating lake. Return through Penrose Estate, coast path from Highburrow to Loe Pool and track back to bunkhouse. 9 miles.*
- *Wed 4 August: Bus from Porthleven to Marazion. Return on coast path via Prussia Cove and Praa Sands. 10 miles.*
- *Thurs 5 August: Mullion Cove to Prussia Cove on coast path. Return on inland route through Lizard Nature Reserve. 9 miles*

Wed 4 August 2021 10:00 - 11 miles/17.7 km - Strenuous

To War Horse country

Starts at 10:00: Leeden Tor CP (PL20 6LL, SX565711)

Open moorland with some challenging ground visiting Black Tor, South Hessary Tor, Nuns Cross. Will walk through Ditsworthy Warren passing some of the finest stone rows and tallest menhirs on Dartmoor. Lunch will be at Ditsworthy Warren House (used in the film War Horse). Then returning back to cars passing more tors and woodlands

Sun 8 August 2021 09:30 - 14 miles/22.5 km - Strenuous

A Walk along the Teign

Starts at 09:30: Moretonhampstead Court St CP (fee) (TQ13 8LG, SX751860)

Moretonhampstead, Fingle Woods, Clifford Bridge, Steps Bridge then back across Mardon Down. A varied walk through the Teign Valley, some spectacular views, weather permitting. Some steep climbs but we have all day. Note early start to have coffee at Wooston Castle.

Sun 8 August 2021 10:00 - 8 miles/12.9 km - Moderate

Erme Valley and Weatherdon Hill

Starts at 10:00: Station Road, Ivybridge (PL21 0AH, SX635566)

Erme Valley - Harford - Tor Rocks Quarry - Butterdon - Western Beacon- Stowford. No need to book, no limit on numbers

Wed 11 August 2021 09:15 - 17 miles/27.4 km - Strenuous

Drake's footsteps

Starts at 09:15: George Park and Ride (PL6 7HA, SX501608)

Catch the bus to Tavistock at 9.35 on the opposite side of the road from the George Park and Ride. Walk along quiet lanes, downs, woodlands, and riversides of the Tavy, Walkham, Meavy and Plym. The walk will be done at a leisurely pace, you can leave or join the walk at Yelverton. Only down as Strenuous due to mileage not ascent.

Wed 11 August 2021 09:30 - 9 miles/14.5 km - Leisurely

Seaton Valley and Coast Path

Starts at 09:30: Trerulefoot Garage (PL12 5BL, SX329590)

Catch 08:50 number 11 bus from Royal Parade (A7) to Trerulefoot Garage. Linear walk through Seaton Valley Nature Reserve, beach and Coast Path to Portwrinkle. Return to Plymouth on 16:53 bus from Portwrinkle.

Sun 15 August 2021 09:30 - 12 miles/19.3 km - Strenuous

Four Winds to the middle of the moor and Roos Tor

Starts at 09:30: Four Winds CP (PL20 6SS, SX560749)

The walk takes us past Little Mis Tor and around Great Mis following the Walkham river to Greena Ball. Back to White, Roos and Staple tors, then through Merrivale Quarry and through Daveytown to Swelltor, Kings Tor and back to Four Winds. Bogs, tussocks and uphill will be available... Note earlier start time.

Sun 15 August 2021 10:00 - 8 miles/12.9 km - Moderate

Clay and barrows

Starts at 10:00: Shipley Bridge (TQ10 9EL, SX681629)

Mainly on moorland tracks with a few short stretches off track. Visiting Black Tor, Eastern White Barrow, Western White Barrow, clay work remains, Two Moors Way, Three Barrows and Ball Gate. Returning to car park down Diamond Lane. Contact leader by email or text message only please. Contact: Graham R,

Wed 18 August 2021 10:00 - 9 miles/14.5 km - Moderate

Try this one, again

Starts at 10:00: Burrator Quarry (PL20 6PH, SX549676)

Burrator quarry, Sheepstor, Meavy

Wed 18 August 2021 10:30 - 7 miles/11.3 km - Moderate

Anderton, Maker and Kingsand

Starts at 10:30: Cremyll (PL10 1HX, SX454534)

From Cremyll along the estuary to Anderton (where there is the possibility of taking a shorter route). Then up a very steep path to Maker Heights and down to Kingsand for an optional swim. Returning to Cremyll via the coast path.

Wed 18 August 2021 10:30 - 3 miles/4.8 km - Easy

Cremyll to Millbrook

Starts at 10:30: Cremyll (PL10 1HX, SX454534)

A flat walk along the estuary to Anderton with the 7-milers, then carrying on separately to Millbrook, where you can catch a bus back to either Cremyll or Plymouth.

Sun 22 August 2021 10:30 - 5 miles/8 km - Leisurely

Staddiscombe circular

Starts at 10:30: Staddy CP (PL9 9LT, SX519516)

Easy walk mostly on fields. A couple of inclines.

Wed 25 August 2021 10:00 - 6 miles/9.7 km - Moderate

Shavercombe waterfall

Starts at 10:00: off track to Trowlesworthy Warren Farm (PL7 5EJ, SX563644)

A repeat of a popular walk from 2020. Up to Trowlesworthy Tors, across to Hen Tor, angle down to the slot gorge containing Shavercombe waterfall. Back fairly flat to join the Lee Moor clay leat, returning via Trowlesworthy Warren Farm. Bronze Age and medieval relics abound. Rough moorland underfoot. Park in last CP on left off rough track to Trowlesworthy Warren Farm.

Wed 25 August 2021 10:00 - 11 miles/17.7 km - Moderate

Mines, rows, circles and warrens

Starts at 10:00: Ringmoor Cottage (PL20 6PQ, SX558665)

Another attempt at this lovely walk - rain soaked last time. Gentle climbs on the whole. Stream crossings and some tussocks. A walk into Dartmoor's varied past....

Sat 21 August 2021 10:45 - 3 miles/4.8 km - Easy

Cremyll-Maker-Cawsand family walk

Starts at 10:45: Admiral's Hard (PL1 3RL, SX462539)

Cremyll Ferry from Admiral's Hard. Up to Maker Church then down to coast path and beach for lunch and a swim before heading along the shoreline to Kingsand/Cawsand and bus back to Plymouth (or alternative ferry back to Barbican for anyone who fancies it)

Sun 22 August 2021 10:00 - 10 miles/16.1 km - Strenuous

High and Low over Taw Marsh

Starts at 10:00: Belstone Brenamoore Common CP (EX20 1RB, SX621938)

Moderate / strenuous walk to see Taw Marsh and Cosdon Beacon

Grades

- **Easy** - walks for anyone who does not have a mobility difficulty, a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.
- **Leisurely** - walks for reasonably fit people with at least a little country walking experience. May include unsurfaced rural paths. Walking boots and warm, waterproof clothing are recommended.
- **Moderate** - walks for people with country walking experience and a good level of fitness. May include some steep paths and open country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.
- **Strenuous** - walks for experienced country walkers with an above average fitness level. May include hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness should contact the organiser or leader in advance.

- **Technical** - walks for experienced and very fit walkers with additional technical skills. May require scrambling and use of ropes, ice axes and crampons. You must contact the organiser or leader in advance for further details.

Notes

- Walk gradings are provided as a general guide only. If you have any doubt about your fitness for a particular walk please contact the leader in advance.
- Bear in mind the distance of the walk, regional differences in terrain and the possibility of bad weather, which can make a walk more difficult than planned.
- If you're unsure of your fitness level, try a short and easy walk first - it's much better to find a walk a little too slow and easy than to make yourself miserable and exhausted.
- Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit.